degenerate. However, thc energy of the ion will be lowered if the ion displaces itself with respect to the surroundings, thereby creating a noncubic potential such as (24). Such a spontaneous displacement is known as a **Jahn-Teller effect** and is often large and important, particularly with the  $Mn^{3+}$  and  $Cu^{2+}$ ions and with holes in alkali and silver halides.

## *Spectroscopic Splitting Factor*

We suppose for convenicnce that the crystal field constants, *A, B* are such that  $U_r = x f(r)$  is the orbital wave function of the ground state of the atom in the crystal. For a spin  $S = \frac{1}{2}$  there are two possible spin states  $S_z = \pm \frac{1}{2}$  represented by the spin functions  $\alpha$ ,  $\beta$ , which in the absence of a magnetic field are degenerate in the zeroth approximation. The problem is to take into account the spin-orbit interaction energy  $\lambda L \cdot S$ .

If the ground state function is  $\psi_0 = U_x \alpha = x f(r) \alpha$  in the zeroth approximation, then in the first approximation, considering the  $\lambda L \cdot S$  interaction by standard perturbation theory, we have

$$
\psi = [U_x - i(\lambda/2\Delta_1)U_y]\alpha - i(\lambda/2\Delta_2)U_z\beta , \qquad (30)
$$

where  $\Delta_1$  is the cnergy difference between the  $U_r$  and  $U_u$  states, and  $\Delta_2$  is the difference between the  $U_x$  and  $U_z$  states. The term in  $U_z\beta$  actually has only a second-order effect on the result and may be discardcd. The expectation value of the orbital angular momentum to the first order is given directly by

$$
(\pmb{\psi}|L_z|\pmb{\psi})=-\pmb{\lambda}/\Delta_1
$$

and the magnetic moment of the statc as measured in the *z* direction is

$$
\mu_B(\psi | L_z + 2S_z | \psi) = [-(\lambda/\Delta_1) + 1] \mu_B.
$$

As the separation between the levels  $S_z = \pm \frac{1}{2}$  in a field *H* is

$$
\Delta E = g\mu_B H = 2[1 - (\lambda/\Delta_1)]\mu_B H,
$$

the g value or spectroscopic splitting factor (12) in the *z* dircction is

$$
g = 2[1 - (\lambda/\Delta_1)] \tag{31}
$$

## *Van Vleck Temperature-Independent Paramagnetism*

We consider an atomic or molecular system which has no magnetic moment in the ground statc, by which we mean that the diagonal matrix element of the magnetic moment operator  $\mu$ <sub>z</sub> is zero.

Suppose that there is a nondiagonal matrix element  $\langle s | \mu_z | 0 \rangle$  of the magnetic moment operator, connecting the ground state 0 with the cxcited state s of energy  $\Delta = E_s - E_0$  above the ground state. Then by standard perturbation theory the wavefunction of the ground state in a weak field  $(\mu_2 B \ll \Delta)$  becomes

$$
\psi_0' = \psi_0 + (B/\Delta)\langle s|\mu_z|0\rangle\psi_s \quad , \tag{32}
$$

and the wavefunction of the excited state becomes

$$
\psi_s' = \psi_s - \langle B/\Delta \rangle \langle 0 | \mu_z | s \rangle \psi_0 \quad . \tag{33}
$$

The perturbed ground state now has a moment

$$
\langle 0' | \mu_z | 0' \rangle \cong 2B |\langle s | \mu_z | 0 \rangle|^2 / \Delta \quad , \tag{34}
$$

and the upper state has a moment

$$
\langle s' | \mu_z | s' \rangle \cong -2B |\langle s | \mu_z | 0 \rangle|^2 / \Delta \quad . \tag{35}
$$

There are two interesting cases to consider:

**Case** (a).  $\Delta \ll k_B T$ . The surplus population in the ground state over the excited state is approximately equal to  $N\Delta/2k_BT$ , so that the resultant magnetization is

$$
M = \frac{2B|\langle s|\mu_z|0\rangle|^2}{\Delta} \cdot \frac{N\Delta}{2k_B T} \tag{36}
$$

which gives for the susceptibility

$$
\chi = N |\langle s | \mu_z | 0 \rangle|^2 / k_B T \quad . \tag{37}
$$

Here  $N$  is the number of molecules per unit volume. This contribution is of the usual Curie form, although the mechanism of magnetization here is hypolarization of the states of the system, whereas with free spins the mechanism of magnetization is the redistribution of ions among the spin states. We note that the splitting  $\Delta$  does not enter in (37).

**Case (b).**  $\Delta \gg k_B T$ . Here the population is nearly all in the ground state, so that

$$
M = \frac{2NB|\langle s|\mu_z|0\rangle|^2}{\Delta} \tag{38}
$$

The susceptibility is

$$
\chi = \frac{2N|\langle s|\mu_z|0\rangle|^2}{\Delta} \tag{39}
$$

independent of temperature. This type of contribution is known as Van Vleck paramagnetism.

## **COOLING BY ISENTROPIC DEMAGNETIZATION**

The first method for attaining temperatures much below 1 K was that of isentropic, or adiabatic, demagnetization of a paramagnetic salt. By its use, temperatures of  $10^{-3}$  K and lower have been reached. The method rests on the fact that at a fixed temperature the entropy of a system of magnetic moments is lowcrcd by the application of a magnetic field.